



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.mvphealthcare.com](http://www.mvphealthcare.com) or by calling 1-888-687-6277..

| Important Questions  | Answers   | Why this Matters:   |
|--|---|---|
| <b>What is the overall deductible?</b>                         | In network -\$0 person/\$0 family   | You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .   |
| <b>Are there other deductibles for specific services?</b>      | No.   | You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.  |
| <b>Is there an out-of-pocket limit on my expenses?</b>         | In network -\$3,000 person/\$6,000 family.  | The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.  |
| <b>What is not included in the out-of-pocket limit?</b>        | Premiums, balance-billed charges and excluded benefits.   | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .  |
| <b>Is there an overall annual limit on what the plan pays?</b> | No.   | The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.  |
| <b>Does this plan use a network of providers?</b>              | Yes, for a list of participating providers see <a href="http://www.mvphealthcare.com">www.mvphealthcare.com</a> . | If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> . |
| <b>Do I need a referral to see a specialist?</b>               | No.   | You can see the <u>specialist</u> you choose without permission from this plan.   |
| <b>Are there services this plan doesn't cover?</b>             | Yes.  | Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> .   |

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use participating providers by charging you lower deductibles, copayments and coinsurance amounts.

| Common Medical Event  | Services You May Need                            | Your cost if you use a   |                            | Limitations & Exceptions   |
|---|--|--|----------------------------|--|
|   |  | Participating Provider   | Non-Participating Provider |  |
| <b>If you visit a health care provider's office or clinic</b> | Primary care visit to treat an injury or illness | \$5 copay  | Not covered                | \$0 copay first 3 visits   |
|   | Specialist visit                                 | \$40 copay   | Not covered                | —————none—————   |
|   | Other practitioner office visit                  | \$40 copay   | Not covered                | —————none—————   |
|   | Preventive care/ screening/immunization          | Covered in Full  | Not covered                | —————none—————   |
| <b>If you have a test</b>                                     | Diagnostic test (x-ray, blood work)              | Lab Office - \$5 copay<br>Lab Facility - \$40 copay<br>Radiology Office - PCP: \$5 copay/Spec: \$40 copay<br>Radiology Facility - \$40 copay | Not covered                | Lab Office - \$0 copay first 3 visits<br>Lab Facility - —————none—————<br>Radiology Office - —————none—————<br>Radiology Facility - —————none————— |
|   | Imaging (CT/PET scans, MRIs)                     | \$100 copay  | Not covered                | per day, per provider<br>Hi-Tech Facility - per day per provider   |

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|--|---|--|----------------------------|---|
|  |   | Participating Provider                       | Non-Participating Provider |   |
| <b>If you need drugs to treat your illness or condition</b><br><br>More information about <b>prescription drug coverage</b> is available at <a href="http://www.mvphealthcare.com">www.mvphealthcare.com</a> . | Generic drugs                           | Retail \$5 copay<br>Mail order \$12.50 copay | Not covered                | 30 day retail/90 day mail order                           |
|  | Preferred brand drugs                   | Retail \$30 copay<br>Mail order \$75 copay   | Not covered                | 30 day retail/90 day mail order                           |
|  | Non-preferred brand drugs               | Retail \$50 copay<br>Mail order \$125 copay  | Not covered                | 30 day retail/90 day mail order                           |
|  | Specialty drugs                         | Retail \$50 copay<br>Mail order Not covered  | Not covered                | 30 day supply retail available through Specialty Pharmacy |
| <b>If you have outpatient surgery</b>  | Facility fee (e.g., ambulatory surgery) | \$100 copay                                  | Not covered                | —————none—————  |
|  | Physician/surgeon fees                  | \$100 copay                                  | Not covered                | —————none—————  |
| <b>If you need immediate medical attention</b>   | Emergency room services                 | \$100 copay                                  | \$100 copay                | waived if admitted to hospital                            |
|  | Emergency medical transportation        | \$100 copay                                  | \$100 copay                | —————none—————  |
|  | Urgent care                             | \$40 copay                                   | \$40 copay                 | —————none—————  |
| <b>If you have a hospital stay</b>   | Facility fee (e.g., hospital room)      | \$300 copay                                  | Not covered                | per continuous confinement                                |
|  | Physician/surgeon fee                   | \$100 copay                                  | Not covered                | —————none—————  |

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| Common Medical Event  | Services You May Need                       | Your cost if you use a                                 |                            | Limitations & Exceptions                                  |
|---|---|--|----------------------------|---|
|   |   | Participating Provider                                 | Non-Participating Provider |   |
| <b>If you have mental health, behavioral health, or substance abuse needs</b> | Mental/Behavioral health outpatient         | \$5 copay  | Not covered                | \$0 copay first 3 visits                                  |
|   | Mental/Behavioral health inpatient services | \$300 copay  | Not covered                | including residential treatment                           |
|   | Substance use disorder outpatient services  | \$5 copay  | Not covered                | \$0 copay first 3 visits, 20 visits for family counseling |
|   | Substance use disorder inpatient services   | \$300 copay  | Not covered                | including residential treatment                           |
| <b>If you are pregnant</b>  | Prenatal and postnatal                      | Covered in Full  | Not covered                | postnatal care visits are included in the                 |
|   | Delivery and all inpatient services         | \$300 copay for admission and \$100 copay for delivery | Not covered                | plus \$100 physician copay                                |
| <b>If you need help recovering or have other special health needs</b>         | Home health care                            | \$40 copay   | Not covered                | 60 visits per year  |
|   | Rehabilitation services                     | \$40 copay   | Not covered                | 54 visits per condition per lifetime combined therapies   |
|   | Habilitation services                       | \$40 copay   | Not covered                | 54 visits per condition per lifetime combined therapies   |
|   | Skilled nursing care                        | \$300 copay  | Not covered                | 200 days per plan year                                    |
|   | Durable medical equipment                   | 50% coinsurance  | Not covered                | standard equipment covered                                |
|   | Hospice service                             | \$300 copay  | Not covered                | 210 days per plan year                                    |
| <b>If your child needs dental or eye care</b>                                 | Eye exam                                    | \$40 copay   | Not covered                | one exam per 12-month period                              |
|   | Glasses                                     | 50% coinsurance  | Not covered                | one pair per 12-month period                              |
|   | Dental check-up                             | Not covered  | Not covered                | benefits are available                                    |

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**Excluded Services & Other Covered Services:**

**Services Your Plan Does NOT Cover** (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Cosmetic Surgery
- Dental Care (Adult)
- Long-Term Care
- Non-Emergency care when traveling outside the US
- Private-Duty Nursing
- Routine Eye Care (Adult)
- Routine Foot Care

**Other Covered Services** (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Bariatric Surgery
- Chiropractic Care
- Hearing Aids
- Infertility Treatment
- Weight Loss Programs
- MVP Wellness Program

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## Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-888-687-6277. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: MVP Health Care at 1-888-687-6277 or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

The following is the New York State Department of Insurance contact information:

New York State Department of Financial Services, One Commerce Plaza, Albany, NY 12257, 1-800-342-3736 or 1-518-474-6600

Or, 25 Beaver Street, New York, NY 10004, 1-800-342-3736 or 1-212-480-6400

New York State External Appeals, P.O. Box 7209, Albany, NY 12224-0209

1-800-400-8882, 1-888-990-3991 (Expedited appeals on weekend & holidays), Email: [externalappealquestions@dfs.ny.gov](mailto:externalappealquestions@dfs.ny.gov)

Additionally, a consumer assistance program can help you file your appeal. Contact:

Community Service Society of New York, Community Health Advocates, 105 East 22nd Street, 8th floor, New York, NY 10010, 1-888-614-5400

[www.communityhealthadvocates.org](http://www.communityhealthadvocates.org), Email: [cha@cssny.org](mailto:cha@cssny.org)

## Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.”

**This plan or policy does provide minimum essential coverage.**

## Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value).

**This health coverage does meet the minimum value standard for the benefits it provides.**

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*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*

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## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



### This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- **Amount owed to providers: \$7,466**
- **Plan pays** \$6,894
- **Patient pays** \$572

#### Sample care costs:

|                            |                |
|----------------------------|----------------|
| Hospital charges (mother)  | \$2,714        |
| Routine obstetric care     | \$2,084        |
| Hospital charges (baby)    | \$852          |
| Anesthesia                 | \$905          |
| Laboratory tests           | \$527          |
| Prescriptions              | \$173          |
| Radiology                  | \$176          |
| Vaccines, other preventive | \$35           |
| <b>Total</b>               | <b>\$7,466</b> |

#### Patient pays:

|                      |              |
|----------------------|--------------|
| Deductibles          | \$0          |
| Co-pays              | \$422        |
| Co-insurance         | \$0          |
| Limits or exclusions | \$150        |
| <b>Total</b>         | <b>\$572</b> |

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- **Amount owed to providers: \$5,490**
- **Plan pays** \$4,871
- **Patient pays** \$619

#### Sample care costs:

|                                |                |
|--------------------------------|----------------|
| Prescriptions                  | \$2,889        |
| Medical Equipment and Supplies | \$1,311        |
| Office Visits and Procedures   | \$725          |
| Education                      | \$288          |
| Laboratory tests               | \$137          |
| Vaccines, other preventive     | \$140          |
| <b>Total</b>                   | <b>\$5,490</b> |

#### Patient pays:

|                      |              |
|----------------------|--------------|
| Deductibles          | \$0          |
| Co-pays              | \$619        |
| Co-insurance         | \$0          |
| Limits or exclusions | \$0          |
| <b>Total</b>         | <b>\$619</b> |

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## Questions and answers about the Coverage Examples:

### What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

### Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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